

Sydney Salamy

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ACTIVITY

GRADE

Leadership

Founder of 'Play It Forward – East Hampton,' a not-for-profit that collects lightly-used sports equipment and donates it to school athletes in need. Through donations, we help fill the gap between wanting to play a sport and being a player -- ensuring that no student misses out due to lack of affordability.

12, 11

AP Courses

1. AP Calculus 12
2. AP Economics (Macro) 12
3. AP Environmental Science 12
4. AP Spanish Language 12
5. AP Biology 11
6. AP English Lang/Comp 11
7. AP US History 11
8. AP World History 10

Honors | Awards | Recognition

- Top 10% of Graduating High School Class 12
- High Honor Roll (each quarter of each year) 12, 11, 10, 9
- Award: National Honor Society 12, 11
- Award: World Language Honor Society 12, 11
- Award: National Society of High School Scholars 12, 11, 10
- Award: Century Club Honor for 100+ hours of community service 12
- Award: Innovation & Creativity Award - *Rochester Institute of Technology* 11
- Award: Long House Reserve *Garden Conservancy* - Art Award 11
- Academic Excellence Award – English Honors 10
- Outstanding Athlete Award - Cross Country 10
- Academic Excellence Award – English Honors 9
- Academic Excellence Award – Science 9

Summer / College Programs

- **Syracuse University - Project Advance (Sept. 2018 – June 2019)** 12
Enrolled in advanced, college-level writing courses for college credit.
- **Pratt Institute - Sequential Art and the Comic Book (July 2018)** 11
Explored the art of pictorial storytelling; combining images and text to create visual narratives for single panel illustrations, comic strips and animation.
- **Carnegie Mellon University / ID Tech - Python Coding (July 2017)** 10
Learned programming skills, enhanced coding abilities and created various games.

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Extracurricular Activities

- Key Club 12, 11, 10, 9
- Yearbook Photographer 12, 11
- Glass Blowing 12, 11
- Guild Hall Teen Arts Council 12
- Art Club 12
- Century Club – 100+ hours of community service 12

Athletics

- Varsity Cross Country – Team Captain 12, 11, 10, 9
Junior Varsity Softball 9

Community Service

- **Key Club** 12, 11, 10, 9
 - Volunteer opportunities included helping with set up, distribution of goods and marketing at: *The Montauk Marathon, Fall Festival, Santa Parade, Haunted House, Amagansett Art Show, Thanksgiving meals to the homeless, Rotary Club, The Retreat Bake Sale, Seafood Festival and East Hampton Library*
- **Play it Forward – East Hampton** 12, 11
 - Organized sports equipment and clothing drives for distribution to local schools in need; included coordination of marketing and publicity.

Work Experience

- ❖ **Senior Internship | Fall Media Group** 12, 11
Assists Senior Marketing Director with creating marketing materials, updating database and offering input on logo and web design.
- ❖ **Store Clerk at Harbor Marina/Three Mile Harbor Marina** 10
Acted as the point of contact for customers, assisted in stocking merchandise, handled exchange of money. Required effective interpersonal and oral communication skills and understanding of safety policies and practices.
- ❖ **Counselor at Pathfinder Day Camp** 9
Ensured camper safety and monitored daily activities. Set up recreation equipment; required ability to multitask, prioritize, and manage time efficiently.

Hobbies | Interests | Skills

- Animation
- Art
- Coding
- Cycling
- Filmmaking
- Glass Blowing
- Jiu Jitsu
- Kayaking
- Photography
- Rock Climbing
- Running
- Videography

Newsday

LONG ISLAND / LI LIFE

Way to Go!: Sydney Salamy, of East Hampton



Sydney Salamy has been collecting gently used sports equipment and clothing for students in need. Photo Credit: Salamy family

By Michael R. Ebert

michael.ebert@newsday.com

Updated March 30, 2018 11:11 AM

PRINT SHARE

An East Hampton student is helping provide necessary sports equipment to local youth whose families can't afford it.

Sydney Salamy, a junior at East Hampton High School, has created a nonprofit community service program that encourages peers to donate gently used sports gear and clothing for children in need across Long Island. The program is a branch of the nonprofit Play It Forward USA.

Salamy's first collection, which was held in the fall, yielded enough items to fill eight garbage bags and benefited students at Elmont Memorial High School. Items ranged from golf clubs to tennis rackets.

A second collection, which recently ended, will go to pupils in the Riverhead School District.

"I think all kids deserve to have a chance to play," said Salamy, 16. "They shouldn't have to worry about not being able to play a sport because they don't have equipment."

Salamy said she created the program after realizing she and her siblings don't use certain equipment as much as they did when they were younger. To spread the word about her efforts, Salamy said, announcements were made over her school's loudspeaker and she displayed posters around the building and throughout her town.

Salamy is also a member of her school's cross-country team, Yearbook Club and Key Club.

Those interested in donating gear can visit playitforward-ehhs.org.



THE EAST HAMPTON STAR

NEWS ARTS OBITUARIES FOOD SPORTS OPINION ELEC CLASSIFIEDS

Bonac Junior, Baseball Mentor Meeting Athletic Needs

Passing equipment on to needier kids on Long Island

By Jack Graves | May 3, 2018 - 1:53pm

Sydney Salamy, an East Hampton High School junior who runs cross-country, came upon the idea not long ago, given the fact that she and her siblings, Drew, a baseball player, and Sienna, a softball player, were going through lots of sports gear, to pass this equipment on to needier kids on Long Island.



Sydney Salamy's second athletic gear collection is to go to Riverhead High School. Patricia Fall Salamy

"The first one we sent [in November] to Elmont Memorial High School," Sydney said. "Their athletic director was very grateful. He said he had been helping the kids there who needed things by paying for whatever it was they needed by himself. The next one we're going to send to Riverhead."

Sydney, who also works on the school's yearbook, is a member of the Key Club, and is a member of the National Honor Society, comes by her running ability naturally. Her mother and father met at Carnegie Mellon University in Pittsburgh, where she ran cross-country and track, and where he threw the javelin.